

Course Title: Consumable Safety: A Critical Look at Food

Insecurity from a Public Health Lens

Course Instructor: Dr. Shir Ginzburg

Course Description:

This course reviews current theories, paradigms of inquiry, and approaches, along with a discussion of the practical approaches to food insecurity from a public health perspective. The role of public health professionals in the assessment and evaluation of food insecurity problems and interventions is considered. We will examine the social and infrastructural determinants of food insecurity, identify the various barriers associated with early screening and prevention, and analyze the roles of public health professionals in mitigating food insecurity. We will discuss the complexities associated with cultural differences in food access and preparation, as well as how food insecurity interacts with other illnesses. Furthermore, we will investigate the multiple health disparities that contribute to the incidence and prevalence of food insecurity. Specifically, we will look at how structural barriers contribute to food insecurity in underserved populations and how public health can eliminate these health disparities.